

WORK BENCH

JXBR - 006 - RBK - BL

The heavy duty versatile construction of Being Strong Utility Bench is ideal for free weight exercises.



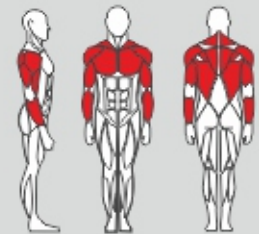
FEATURES

- ◆ **Heavy-Duty Frame:** Designed with durable construction to provide stability and support heavy loads during workouts.
- ◆ **Ergonomic Padding:** High-density foam padding provides optimal comfort and support during exercises.
- ◆ **Compact Design:** Space-efficient and ideal for home and commercial gym setups.
- ◆ **Non-Slip Feet:** Rubberized feet provide stability and prevent movement during workouts, protecting the flooring.
- ◆ **Versatile Use:** Suitable for a variety of exercises, including bench presses, dumbbell exercises, and core workouts.

SPECIFICATIONS

DIMENSIONS:

Length: 55 inches / 140 cms
Width: 30 inches / 76 cms
Height: 21 inches / 53 cms
Weight: 55 lbs / 25.1 kg



MUSCLE WORKED: Pectoralis Major, Anterior Deltoid, Biceps Brachii, Trapezius, Latissimus Dorsi

COLOUR AVAILABLE: Dark Silver